Introduced by Senator Emmerson

March 4, 2013

Senate Concurrent Resolution No. 21—Relative to Multiple System Atrophy Awareness Month.

LEGISLATIVE COUNSEL'S DIGEST

SCR 21, as introduced, Emmerson. Multiple System Atrophy Awareness Month.

This measure would designate March 2013 as Multiple System Atrophy Awareness Month.

Fiscal committee: no.

- 1 WHEREAS, Multiple System Atrophy (MSA), as defined by
- 2 the National Institute of Neurological Disorders and Stroke, is a
- 3 progressive neurodegenerative disorder characterized by a
- 4 combination of symptoms that affects both the autonomic nervous
- 5 system and movement; and
- WHEREAS, The cause or causes of MSA are unknown and there is no known cure; and
- WHEREAS, It can take years to diagnose MSA because of its similarity to Parkinson's disease; and
- WHEREAS, MSA is categorized into two types, parkinsonian and cerebellar, and the categorization is based on the most
- 12 prominent symptoms at the time an individual is evaluated; and
- 13 WHEREAS, Primary symptoms of the parkinsonian type
- 14 (MSA-P) are slow movement, stiff muscles, tremors, balance and
- 15 coordination problems, and autonomic nervous system dysfunction;
- 16 and

 $SCR 21 \qquad \qquad -2-$

WHEREAS, Primary symptoms of the cerebellar type (MSA-C) are difficulty swallowing, slurred speech, a quavering voice, and ataxia; and

WHEREAS, Additional symptoms include chronic shortening of muscles or tendons around joints, abnormal body posture, uncontrollable sighing or gasping, inappropriate laughing or crying, fainting and dizziness due to severely low blood pressure, bladder and bowel issues, loss of fine motor skills, impotence, nausea, vision changes, dry mouth and skin, trouble regulating body temperature, and sleep disturbances; and

WHEREAS, Treatment to control individual symptoms is available, but there is currently nothing to prevent the disease from getting worse; and

WHEREAS, Upon diagnosis, the typical survival time is seven to nine years, although almost 80 percent are bedridden or wheelchair dependent after only five years; and

WHEREAS, Prevalence of MSA is estimated at 4.6 cases per 100,000 people, and is more common in men than in women; now, therefore, be it

Resolved by the Senate of the State of California, the Assembly thereof concurring, That March 2013 is hereby proclaimed to be Multiple System Atrophy Awareness Month; and be it further

Resolved, That the Secretary of the Senate transmit copies of this resolution to the author for appropriate distribution.